

BAOSI BANIKANTA KAKATI COLLEGE

Nagaon, Barpeta Assam – 781311 (INDIA)

Report on-

Participation in Rani Laxmibai Atmaraksha Prashikshan for Girl Students of 24 different Schools

23/03/2023

Eight Students from the Self Defense Club of BBK College took part in Rani Laxmibai Atmaraksha Prashikshan, 2022-23 (Self Defense Training Programme) as part of its initiative for gender equity. The Department of School Education and Literacy (DoSEL), Ministry of Education, Govt. of India implemented the centrally sponsored scheme of Samagra Shiksha, under which self defence training is imparted to girls of classes VI to XII, studying in Government Schools, irrespective of their social categories. The Govt. of Assam implemented the scheme *Rani Laxmibai Atmaraksha Prashikshan* where the girls of class VI to XII were given trained on basic self-defense techniques so that they can protect themselves in dangerous situations.

The students of Self Defense Club of BBK college imparted training to girl students of 24 different schools. They taught the girls basic self-defense techniques like punch, kick, throwing, etc. and also motivated them to be strong and confident. The girls were very enthusiastic about the training and learned the techniques quickly.

The program had a significant impact on the girl students. The program was also well-received by the schools. The schools were grateful to the BBK College students for volunteering their time to train the girl students. The program also helped to boost the girls' confidence and self-esteem.

The participation of BBK College students in Rani Laxmibai Atmaraksha Prashikshan, 2022-23 is a commendable effort. It is a shining example of how our students can use their skills and knowledge they learnt at BBK College to make a positive difference in the society. The program had a significant impact on the girl students as they learnt basic self-defense techniques that boosted their confidence and self-esteem.

COLLEGE: 28 COLLEG

Self Defence Club

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In total the students of BBK College trained students of 24 different schools. The list of students from BBK College participating in the *Rani Laxmibai Atmaraksha Prashikshan* scheme is as follows:

Sl No	Name of Participants
1	Elias Hussain
2	Ratul Mandal
3	Rakibul Islam
4	Trishna Baro
5	Ritamoni das
6	Dipshikha Talukdar
7	Pahi Pathak
8	Sanjib Sarkar

Fig. 1: Snapshot of Trishna Baro training girl students of Banglipara High School





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Fig.2: Snapshot of Elias Hussain training the girl stucents



Fig.3: The Self Defense Training in progress





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Fig.4: Snapshot of Rakibul Islam during the training session



Fig.5: The Self Defense Training in progress





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Fig.6: Snapshot of Ratul Mandal training girl students



Fig.7: The Self Defense Training in progress





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Fig.8: Ratul Mandal during the training



Fig.9: The Self Defense Training in progress





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Fig.10: The Self Defense Training in progress



Fig.11: The Self Defense Training in progress at Banglipara High School





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Fig.12: List of schools allotted to Sanjib Sarkar

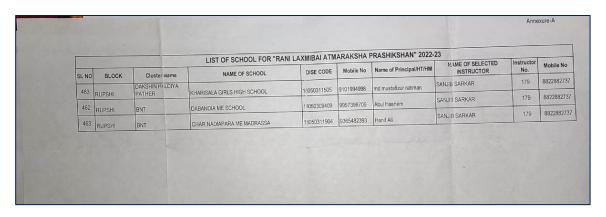


Fig.13: List of schools allotted to Rakibul Islam

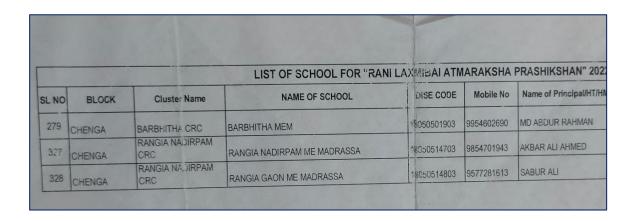
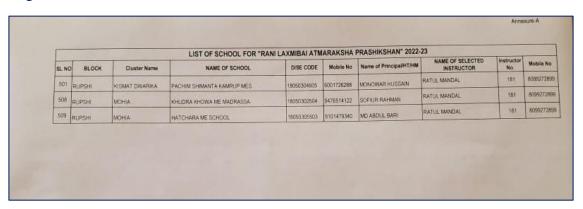


Fig.14: List of schools allotted to Ratul Mandal





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Fig.15: The Self Defense Training in progress



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