



Self Defence Club
BAOSI BANIKANTA KAKATI COLLEGE
Nagaon, Barpeta
Assam – 781311 (INDIA)

Report on-

Participation in
Rani Laxmibai Atmaraksha Prashikshan for Girl
Students of 24 different Schools

23/ 03/ 2023

Eight Students from the Self Defense Club of BBK College took part in Rani Laxmibai Atmaraksha Prashikshan, 2022-23 (Self Defense Training Programme) as part of its initiative for gender equity. The Department of School Education and Literacy (DoSEL), Ministry of Education, Govt. of India implemented the centrally sponsored scheme of Samagra Shiksha, under which self defence training is imparted to girls of classes VI to XII, studying in Government Schools, irrespective of their social categories. The Govt. of Assam implemented the scheme *Rani Laxmibai Atmaraksha Prashikshan* where the girls of class VI to XII were given trained on basic self-defense techniques so that they can protect themselves in dangerous situations.

The students of Self Defense Club of BBK college imparted training to girl students of 24 different schools. They taught the girls basic self-defense techniques like punch, kick, throwing, etc. and also motivated them to be strong and confident. The girls were very enthusiastic about the training and learned the techniques quickly.

The program had a significant impact on the girl students. The program was also well-received by the schools. The schools were grateful to the BBK College students for volunteering their time to train the girl students. The program also helped to boost the girls' confidence and self-esteem.

The participation of BBK College students in Rani Laxmibai Atmaraksha Prashikshan, 2022-23 is a commendable effort. It is a shining example of how our students can use their skills and knowledge they learnt at BBK College to make a positive difference in the society. The program had a significant impact on the girl students as they learnt basic self-defense techniques that boosted their confidence and self-esteem.

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In total the students of BBK College trained students of 24 different schools. The list of students from BBK College participating in the *Rani Laxmibai Atmaraksha Prashikshan* scheme is as follows:

SI No	Name of Participants
1	Elias Hussain
2	Ratul Mandal
3	Rakibul Islam
4	Trishna Baro
5	Ritamoni das
6	Dipshikha Talukdar
7	Pahi Pathak
8	Sanjib Sarkar

Fig. 1: Snapshot of Trishna Baro training girl students of Banglipara High School



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Fig.2: Snapshot of Elias Hussain training the girl students



Fig.3: The Self Defense Training in progress





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Fig.4: Snapshot of Rakibul Islam during the training session

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Fig.5: The Self Defense Training in progress



Fig.6: Snapshot of Ratul Mandal training girl students

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Fig.7: The Self Defense Training in progress



Fig.8: Ratul Mandal during the training

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Fig.9: The Self Defense Training in progress



Fig.10: The Self Defense Training in progress

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Fig.11: The Self Defense Training in progress at Banglipara High School





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Fig.12: List of schools allotted to Sanjib Sarkar

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Annexure-A

LIST OF SCHOOL FOR "RANI LAXMIBAI ATMARAKSHA PRASHIKSHAN" 2022-23									
SL NO	BLOCK	Cluster name	NAME OF SCHOOL	DISE CODE	Mobile No	Name of Principal/HT/HM	NAME OF SELECTED INSTRUCTOR	Instructor No.	Mobile No
483	RUPSHI	DAKSHIN HALDIYA PATHER	KHARISALA GIRLS HIGH SCHOOL	13050311505	9101994998	md.mustafizur rahman	SANJIB SARKAR	179	8822882737
462	RUPSHI	BNT	DABANDIA ME SCHOOL	13060309409	9957398709	Abul Hashem	SANJIB SARKAR	179	8822882737
483	RUPSHI	BNT	CHAR NADIAPARA ME MADRASSA	13050311904	9365482393	Hanif Ali	SANJIB SARKAR	179	8822882737

Fig.13: List of schools allotted to Rakibul Islam

LIST OF SCHOOL FOR "RANI LAXMIBAI ATMARAKSHA PRASHIKSHAN" 2022-23						
SL NO	BLOCK	Cluster Name	NAME OF SCHOOL	DISE CODE	Mobile No	Name of Principal/HT/HM
279	CHENGA	BARBHITHA CRC	BARBHITHA MEM	18050501903	9954602690	MD ABDUR RAHMAN
327	CHENGA	RANGIA NADIRPAM CRC	RANGIA NADIRPAM ME MADRASSA	18050514703	9854701943	AKBAR ALI AHMED
328	CHENGA	RANGIA NADIRPAM CRC	RANGIA GAON ME MADRASSA	18050514803	9577281613	SABUR ALI

Fig.14: List of schools allotted to Ratul Mandal

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LIST OF SCHOOL FOR "RANI LAXMIBAI ATMARAKSHA PRASHIKSHAN" 2022-23									
SL NO	BLOCK	Cluster Name	NAME OF SCHOOL	DISE CODE	Mobile No	Name of Principal/HT/HM	NAME OF SELECTED INSTRUCTOR	Instructor No.	Mobile No
501	RUPSHI	KISMAT DWARKA	PACHIM SHIMANTA KAMRUP MES	18050304605	8001726288	MONDWAR HUSSAIN	RATUL MANDAL	181	8099272899
508	RUPSHI	MOHIA	KHIDRA KHOWA ME MADRASSA	18050302504	9476514122	SOFIUR RAHMAN	RATUL MANDAL	181	8099272899
509	RUPSHI	MOHIA	HATCHARA ME SCHOOL	18050305503	9101479340	MD ABDUL BARI	RATUL MANDAL	181	8099272899



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Fig.15: The Self Defence Training in progress



(Dr. Pradip Das)

Principal
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