

IQAC BAOSI BANIKANTA KAKATI COLLEGE

Nagaon, Barpeta Assam – 781311 (INDIA) Dr. Gopal Kumar Sarma, Coordinator

## Report on -International Yoga Day, 2022

21/07/2022

Each year, International Yoga Day is celebrated in BBK College to bring awareness about the practice of Yoga among the students and teachers but in the year 2022 the college remained closed due to unprecedented flood. However, the IQAC of the college did not remain dormant. It sent out an online appeal stating, "This Tuesday, let us observe International Yoga day at home and be part in the pursuit of good health and wellness." It also reminded, "Offline observance is not possible due to prevailing flood conditions." This was done to continue with the pursuit for better mental, emotional and physical health. This was also aimed at making the practice of yoga more popular.

Many of the faculty members sent their pictures to the mail or Whatsapp as stated in the flyer on the 21<sup>st</sup> of June, 2022.

Fig.1: The flyer as forwarded among the faculty members and students.

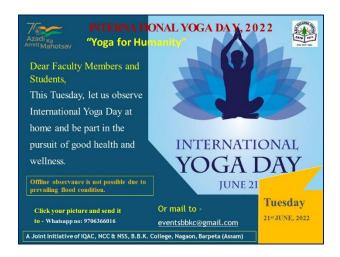


Fig.2: Snapshot of the half submerged gate of the college





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## Fig.3. Snapshots of the pictures of practice of Yoga as sent to IQAC

INTERNATIONAL YOGA DAY, 2022 B.B.K. College, Nagaon, Barpeta

























(Dr. Gopal Kr. Sarma)

(Dr. Gopal Kr. Sarma) Coordinator Internal Quality Assurance Cell Baosi Banikanta Kakati College Nagaon, Barpeta (Assam)