



Internal Quality Assurance Cell

BAOSI BANIKANTA KAKATI COLLEGE

Nagaon, Barpeta

Assam – 781311 (INDIA)

Dr. Gopal Kr. Sarma,
Coordinator, IQAC

Report on-
World No Tobacco Day, 2021

31/ 05/ 2021

Introduction:

BBK College celebrated "World No Tobacco Day" on May 31, 2021 at 1 pm, to create awareness about the harmful effects of tobacco. The event was organized by the IQAC of the college.

Events and Activities:

The event began with an online meeting on the harmful effects of tobacco. The meeting was initiated by Dr. Gopal Kr. Sarma, the coordinator of IQAC . He explained in detail the various health issues associated with tobacco use and the importance of quitting smoking. Dr. Manalisha Deka, an Assistant Professor in the Department of Zoology, delivered a lecture on how to quit use of tobacco and stay healthy. The online meeting was attended by students, faculty, and staff members of the college.

The event concluded with a pledge-taking ceremony where all the participants pledged to quit smoking and to encourage others to do the same. The participants were also shown slides containing information about the harmful effects of tobacco use and tips on how to quit smoking.

Impact of the Event:

The event had a significant impact on the students and staff members of the college. The meeting helped in creating awareness about the harmful effects of tobacco use, and helped in spreading the message among the students and staff members. The pledge-taking ceremony was a significant step towards creating a tobacco-free campus.

Conclusion:

The celebration of World No Tobacco Day in BBK College was a significant step towards promoting a tobacco-free lifestyle. The event helped in creating awareness about the harmful effects of tobacco use and motivating the students and staff members to quit smoking. It is essential to continue organizing such events to create a tobacco-free world and promote a healthier and happier lifestyle.



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Fig: The flyer for circulation among students and faculty members

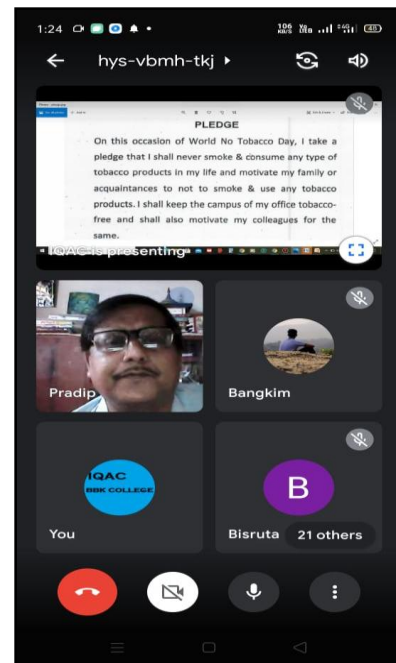
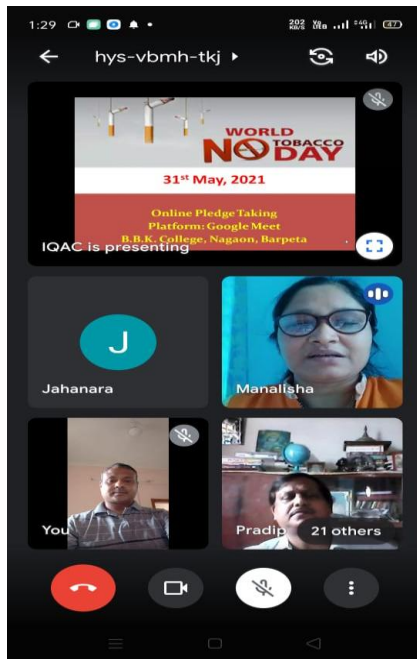


Fig: Snapshot of the Meeting in Progress

(Dr. Pradip Das)

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